



CHATTERMARKS
THE OFFICIAL NEWSLETTER OF THE
OLYMPIC PENINSULA CHAPTER OF THE
AAW

CHAPTER WEB SITE:
<http://www.opcaaw.com>



September 2007 MEETING

Kitsap Adventist School September 26th, 7:00 pm 5088 NW Taylor Rd. Bremerton, WA.

President's Message

It always seems like we are starting a new year after just a one month break. I'm anxious to get back to it. Hope to see you all at the next meeting. This time, we should actually have enough chairs, if you all show up.

If you weren't at the AAW Symposium to see it in person, I hope you'll catch Jim Leary's piece in the latest "America Woodturner" (pg. 20). Nice to see people getting the recognition they deserve. You should also see Jim's website: <http://www.bowlbarn.com/gallery/>

Speaking of websites, the OPCAAAW website only has a few member sites listed. Are there more you out there who haven't listed your website on the club site? If so, please consider e-mailing Rick to be added.

We are still looking for a few good men or women...and we promise the club won't send you to Iraq. I think we have someone for the VP of Membership, but Sergeant at Arms and Secretary are still in question. Wouldn't it be great to have more than one candidate so we could have a real election!

Since that's all I have to say, I'll quit writing. See you at the meeting!

Norm

September Demonstration

This month's demonstrator will be our own Dan Ackerman. While most of you are familiar with this talented turner, here a few facts that he's shared with us. Dan started in 1987 and has been turning ever since. He's turned all types of turning from bowls, hollow forms, boxes, platters, wall hangings, and production rosewood gift items, before going to his true enjoyment of turning, i.e., making boxes. For the past 9 years he's been making boxes that are beautiful and unique to him. The design involves a liner inside and an outer turned and decorated shell. The boxes have evolved with finials, coloring and carving. Dan's mission with these boxes is to create a beautiful, instant heirloom piece. These pieces resides in private homes, collections too numerous to mention, and several museums.

Dan served on the AAW board for 5 years, participated in the mentoring program, gives individual lessons, donates a one-on-one lesson each year for the Christmas party, and has taught in a significant number of chapters. This month he'll be demonstrating acorn boxes. He's brought them in for show 'n tell in the past – they're about 2 inches long with a suction fit and can be made on any size lathe

Cindy

2007 Meeting Calendar

Picnic and Holiday dates still open

January 31	July 25
February 28	August 25 th - picnic at Dan and Cathy's
March 28	September 26
April 25	October 31
May 30 (Note the change)	November 28
June 27	December Christmas party

Sad News

Two of our long time members have been stricken with serious health issues. Russ Robinette has been diagnosed with lung cancer with a poor prognosis. Leon Cotey has been diagnosed with idiopathic pulmonary fibrosis. Although I don't need to point this out, these are both lung disorders. In particular, Leon has asked that we urge all woodturners to use proper dust protection. Also don't forget, use your lung protection anytime you are likely to be exposed to wood dust. I wear mine whenever I'm cleaning or moving things about in the shop. I've also attached a short article about idiopathic pulmonary fibrosis that every member should read.

What is Pulmonary Fibrosis?

Pulmonary Fibrosis involves scarring of the lung. Gradually, the air sacs of the lungs become replaced by fibrotic tissue. When the scar forms, the tissue becomes thicker causing an irreversible loss of the tissue's ability to transfer oxygen into the bloodstream.

What are the causes?

Traditional theories have postulated that it might be an autoimmune disorder, or the after effects of an infection, viral in nature. There is a growing body of evidence which points to a genetic predisposition. A mutation in the SP-C protein has been found to exist in families with a history of Pulmonary Fibrosis. The most current thinking is that the fibrotic process is a reaction to microscopic injury to the lung. While the exact cause remains unknown, associations have been made with the following:

- **Inhaled environmental and occupational pollutants (i.e., wood dust)**
- Cigarette smoking
- Diseases such as Scleroderma, Rheumatoid Arthritis, Lupus and Sarcoidosis
- Certain medications
- Therapeutic radiation

How is it treated?

There are currently no effective treatments or a cure for Pulmonary Fibrosis. The pharmacological agents designed to treat lung scarring are still in the experimental phase while the treatments intended to suppress inflammation have only limited success in reducing the fibrotic progress.

Because the origin and development of the disease is not completely understood, misdiagnosis is common. Varying terminology and lack of standard diagnostic criteria have complicated the gathering of accurate statistics about people with pulmonary fibrosis. Supplemental oxygen improves the quality of life and exercise capacity. Single lung transplant may be considered for some patients. Pulmonary Fibrosis is a very complex disease and the prediction of longevity of patients after diagnosis varies greatly.

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MENTORING PROGRAM

We are looking for some new mentors. The folks who are currently doing the great service have been doing it for a long time. George Kromka has stepped up to the plate but based on what I see every month at the show and tell table there could be a lot more. See any of the board officers if you are interested.

The mentoring programs has been set up to answer questions and give help to new members and those whom may be having a problem in a specific area. Although not intended to be free lessons in woodturning (many of those volunteering are professional turners and derive their income from turning and teaching), these are some friendly folks willing to give you a point in the right direction.

Dan Ackerman..... (360)796-4155
"Tones" Briggs..... (360)871-7607
Henry Wischoefer... (360)377-3464



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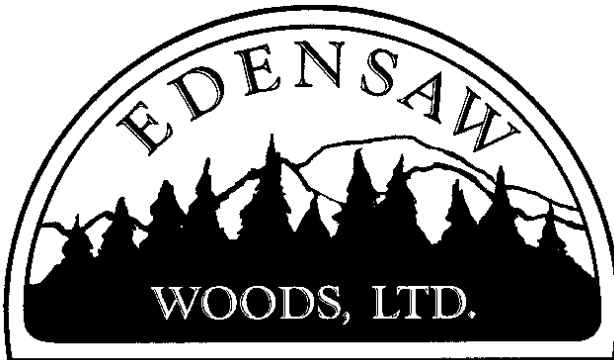
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